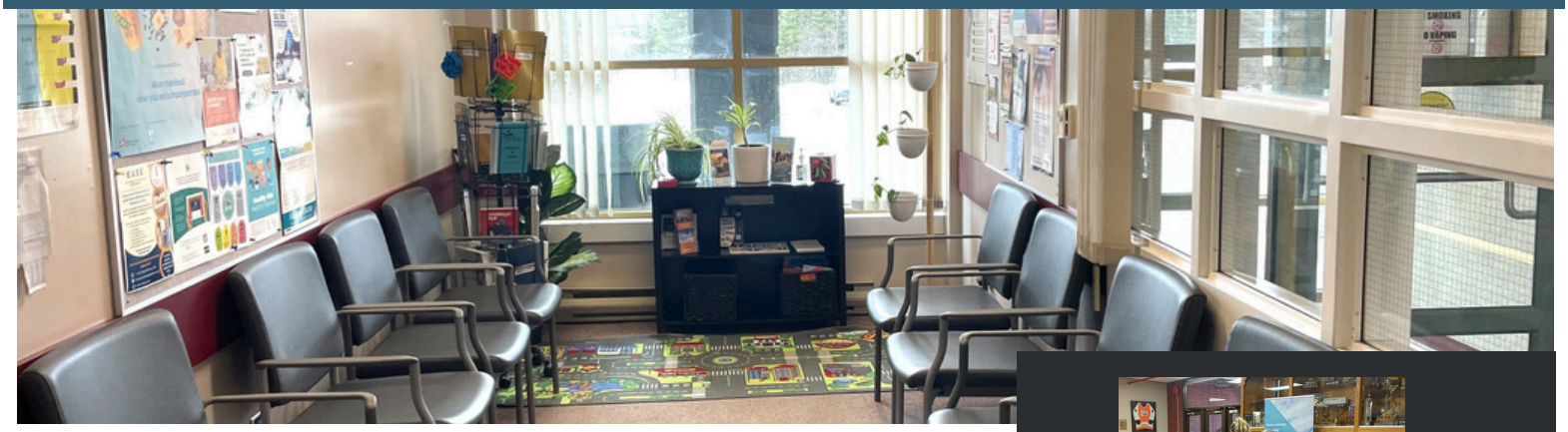
Newsletter



2027–2030 Strategic Plan

Engagement Sessions

Help Shape the Nipigon District Family Health Team's 2027–2030 Strategic Plan!

Join us for community engagement sessions to share what matters most to you, what you would like to see in place, and how we might get there.

No advance registration required. Everyone is invited to attend!

Lunch starts at 11:30am, session to follow at 12:00 pm.

BZA - October 14th
Hurkett - October 22nd
Beardmore - October 27th
Red Rock - Novemebr 5th
Red Rock Indian Band - TBD
Nipigon - November 19th

Virtual option available for those that cannot attend in person - **November 30th at 6:00pm** - Link to be shared at a later date.



Third Annual Photo's with Santa

Join us for the opportunity to take a photo with Santa, create Christmas crafts, as well as enjoy a cup of hot cocoa. Don't miss out on this special occasion to capture holiday memories with your family!

Monday, November 16th , 2026 - 4:00 pm - 6:30 pm at the Nipigon Community Centre

Monetary/Toy Donations for Deacon Dave's Christmas Toy Drive are welcome but not required!



Double Feature: Mobile Health/Flu Clinics

The Nipigon District Family Health Team has been offering community "Mobile Health Clinics" to bring the clinic setting to our community members.

Our services include:
- Blood Pressure Checks
- Vaccines (Pneumonia/Tetanus/Flu)
- Blood Sugar Checks
- On-site follow-up scheduling with healthcare providers
- A welcoming space to enjoy coffee and conversation with other locals

Our next dates are as follows:

October 26 - Nipigon @ Community Centre (No Flu vaccines available)
November 3 - Hurkett @ Community Centre (Flu available)
November 12 - Red Rock @ Recreation Centre (Flu available)

Newsletter

Roster Now with a Primary Care Physician!

Do you currently have a primary care physician, or are you unsure of your status?

Come in to the Nipigon District Family Health Team or Nipigon Doctors Group offices located in the Jackson-Hughes Medical Centre at:

123 Hogan Rd, Nipigon, ON

We can help determine if you have a primary care physician or if you need forms to start the process.

***Assisstance is available if needed**

Open: Monday – Friday 9am-12 pm, 1 pm -4:30pm

PLEASE NOTE:

Rostering is **only available** to those living within the following locations:

Dorion, Hurkett, Red Rock, Nipigon, Lake Helen FN, Kama, Mountain Bay, BZA, MacDiarmid, Beardmore

Online Appointment Booking Available

Nipigon District Family Health Team — online appointment booking is available.

Visit the Family Health Team's website at **ndfht.ca** and book your visit anytime, anywhere, in just a few clicks!

A Quick Reminder:

Urgent Care is still by phone only, so for anything urgent, give them a call at **807-887-5252 ext. 3.** If you don't see the service you need listed online, no stress — call the office at 807-887-5252, follow the prompts to who you need to speak to, and they'll help you with what you need.





October is Breast Cancer Awareness Month!

Supporting the fighters, admiring the survivors, celebrating hope.

Screening:
Recommended every 2 years for average risk people aged 50 to 74 years.

High risk individuals require more frequent monitoring and may begin screening early (age 30 to 69).

Mammograms are able to detect breast cancer earlier when small and less likely to have spread elsewhere.

Upcoming Closures

Thanksgiving:
Monday, October 12th
Christmas Closure:
Thursday, December 24th
12:00pm - January 3rd
Open Regular Hours: January 4th